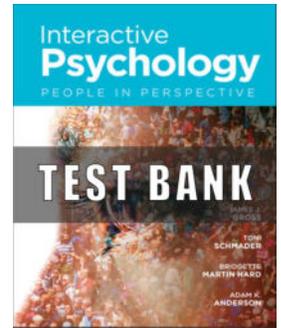


Name: _____ Class: _____ Date: _____

chapter 1



1. _____ is supposedly based on rigorous evidence but is not actually supported by such evidence.
 - a. Science
 - b. Psychology
 - c. Pseudoscience
 - d. Neurology

2. Early in its history, psychology was divided into two branches, each with a distinct focus. What were those two branches?
 - a. ethical and clinical
 - b. scientific and clinical
 - c. clinical and historical
 - d. behavioral and scientific

3. Yasmin has an interview lined up for her dream job as a real estate agent. What advice would you give to help her succeed in the interview, based on what you know about research on successful interviewing?

- a. Focus on improving her skills at interacting well with others, since interviewers tend to look favorably upon applicants who are easy to talk to.
 - b. Try to get as many related experiences as possible, since interviewers will only take the most qualified applicants.
 - c. Try to diversify her areas of study, since a well-rounded applicant will be looked upon more favorably.
 - d. Take as many classes about real estate as possible, since the best candidate will have the most knowledge.
4. Ryan is studying to become a lawyer for victims of crime, where cases often rely on eyewitness testimony. Which psychology topic would be the most beneficial for him to know about?
- a. research methods
 - b. the science of relationships
 - c. biological effects on behavior
 - d. faulty memory
5. Psychological science can be used to answer which question?
- a. How do I study course material so I know how to use this information in my future job?
 - b. How do I study material from my class so that I can remember it years later?
 - c. How do I study for my exam so that I get the best possible grade?
 - d. All of the answer choices are correct.

6. According to the text, psychology is concerned with all of the following topics EXCEPT
- a. the factors that motivate people.
 - b. how humans develop over time.
 - c. the nature of consciousness.
 - d. developing new materials.
7. The text that your instructor is using for this class utilizes an understanding of psychology to help students engage with the material. Which psychology topic did the textbook authors most likely draw upon to create this textbook?
- a. understanding how students learn
 - b. understanding how students develop personalities
 - c. understanding how students perceive words
 - d. understanding how students form conscious thoughts
8. When your friend tells you that they like to skim through the chapters of their textbook to get a sense of what will be covered, they are most likely engaging in a study technique known as
- a. scheming.
 - b. quizzing.
 - c. surveying.
 - d. interacting.

9. When studying, it is important to try to engage your _____ because this predicts how much information you will remember more than your _____.
- a. ability; intelligence
 - b. interest; ability
 - c. ability; interest
 - d. interest; motivation
10. If your goal is to promote long-term learning of the material in your textbook, what would be your best study strategy?
- a. check your understanding with practice questions
 - b. survey the study units in the book
 - c. highlight important sections of the book
 - d. reread your notes
11. The study of psychology
- a. requires the ability to apply common sense to everyday problems.
 - b. focuses solely on observable human traits.
 - c. is a rigorous science that follows specific methods.
 - d. is not able to separate fact from fiction.

12. When Acacia hears about a recent study that supposedly found that dogs do not like hugs from humans, she decides to look up the original study to check this claim. Which skill is Acacia most likely using?
- a. scientific process
 - b. deep thinking
 - c. common sense
 - d. critical thinking
13. Psychology studies tend to report their findings as “suggesting” that humans act a certain way. According to the textbook, what does this tentative language reflect?
- a. Psychological questions can never have answers.
 - b. Humans can never know the true cause of anything related to human behavior.
 - c. Behavior often has multiple causes, so it is difficult to make absolute claims.
 - d. It is useless to ask questions in psychology.
14. In the past, it was mistakenly believed that mental illness was caused by evil spirits. When new evidence showed that this was not the case, these beliefs were abandoned. What does this example demonstrate about psychological knowledge?
- a. It is not scientific.
 - b. It is based on common sense.
 - c. It is resistant to change.
 - d. It is continuously revised.

15. Julia conducted a study and found that fidget spinners negatively affect learning. To provide support for her finding, she conducted a second study that found the same thing. With her multiple studies, what is Julia demonstrating about psychology?
- a. Psychology requires common sense.
 - b. Psychology is summative.
 - c. Psychology is time-consuming.
 - d. Psychological studies are simple to do.
16. Which of the following best illustrates confirmation bias?
- a. Patrawat believes that airplane crashes are more common than car crashes and regularly searches for plane crash stories online to share with her friends.
 - b. Nicola raised a baby and now believes that he knows the best way to raise children, despite never having read any research on the topic.
 - c. Julia conducts scientific studies on memory and has a deep understanding of how memory works as a result.
 - d. Annie reads astrology websites online for fun but doesn't think they are really predicting behavior.
17. Which of the following best illustrates the overconfidence effect?
- a. Patrawat believes that airplane crashes are more common than car crashes and regularly searches for plane crash stories online to share with her friends.
 - b. Nicola raised a baby and now believes that he knows the best way to raise children, despite never having read any research on the topic.

- c. Julia conducts scientific studies on memory and has a deep understanding of how memory works as a result.
 - d. Annie reads astrology websites online for fun but doesn't think they are really predicting behavior.
18. The _____ study illustrates the fact that some psychological studies in the past were highly unethical.
- a. Freud Clinical
 - b. William James perception
 - c. Little Albert
 - d. San Diego schizophrenia
19. As the field of psychology has developed over the years, what has it become?
- a. less ethical in its studies
 - b. less diverse in its thinkers
 - c. more simple in its questions
 - d. more integrated across branches
20. Open science practices allow psychological science to be easily
- a. shared.
 - b. written.