

## Chapter 01: Aspects of Medical-Surgical Nursing

### Linton: Medical-Surgical Nursing, 8th Edition

#### MULTIPLE CHOICE

1. Which item in a medical record provides direction for individualized care and assures the delivery of accurate, safe care through a definitive pathway that promotes the client's and the support persons' progress toward positive outcomes?
  - a. Physician's orders
  - b. Progress notes
  - c. Nursing care plan
  - d. Client health history

ANS: C

The nursing care plan provides direction for individualized care and assures the delivery of accurate, safe care through a definitive pathway that promotes the client's and the support persons' progress toward positive outcomes.

DIF: Cognitive Level: Comprehension    OBJ: 1    TOP: Nursing Care Plan  
KEY: Nursing Process Step: Planning  
MSC: NCLEX: Physiological Integrity: Reduction of Risk

2. The nurse is performing behaviors and actions that assist clients and significant others in meeting their needs and the identified outcomes of the plan of care. Which term is correct for these nursing behaviors?
  - a. Assessments
  - b. Interventions
  - c. Planning
  - d. Evaluation

ANS: B

Caring interventions are those nursing behaviors and actions that assist clients and significant others in meeting their needs and the identified outcomes of the plan of care.

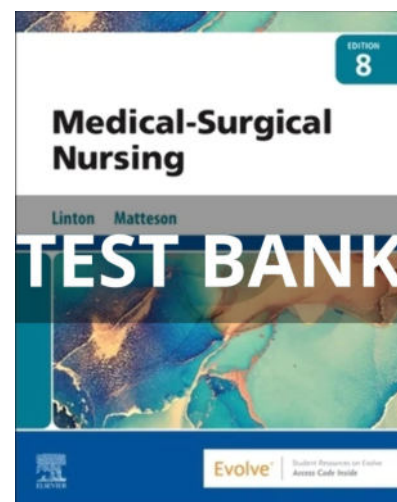
DIF: Cognitive Level: Knowledge    OBJ: 1    TOP: Interventions  
KEY: Nursing Process Step: Planning  
MSC: NCLEX: Physiological Integrity: Reduction of Risk

3. The nurse understands the importance of being answerable for all actions and the possibility of being called on to explain or justify them. Which term best describes this concept?
  - a. Reliability
  - b. Maturity
  - c. Accountability
  - d. Liability

ANS: C

Accountability means that a person is answerable for his or her actions and may be called on to explain or justify them.

DIF: Cognitive Level: Knowledge    OBJ: 1    TOP: Accountability  
KEY: Nursing Process Step: N/A



**MULTIPLE RESPONSE**

1. Which modes of conflict resolution should be addressed when providing an inservice about conflict resolution? (*Select all that apply.*)
  - a. Suppression
  - b. Accommodation
  - c. Compromise
  - d. Avoidance
  - e. Collaboration
  - f. Competition

ANS: B, C, D, E, F

The modes of conflict resolution include accommodation, collaboration, compromise, avoidance, and competition.

DIF: Cognitive Level: Knowledge      OBJ: 5      TOP: Conflict Resolution  
KEY: Nursing Process Step: N/A      MSC: NCLEX: N/A

2. Which characteristics describe an effective leader? (*Select all that apply.*)
  - a. Effective communication
  - b. Rigid rules and regulations
  - c. Delegates appropriately
  - d. Acts as a role model
  - e. Consistently handles conflict
  - f. Focuses on individual development

ANS: A, C, D, E

Characteristics of an effective leader include effective communication, consistency in managing conflict, knowledge and competency in all aspects of delivery of care, effective role model for staff, uses participatory approach in decision making, shows appreciation for a job well done, delegates work appropriately, sets objectives and guides staff, displays caring, understanding, and empathy for others, motivates and empowers others, is proactive and flexible, and focuses on team development.

DIF: Cognitive Level: Comprehension      OBJ: 5      TOP: Leadership  
KEY: Nursing Process Step: N/A      MSC: NCLEX: N/A

**COMPLETION**

1. \_\_\_\_\_ is defined as the process by which information is exchanged between individuals verbally, nonverbally, and/or in writing or through information technology.

ANS:

Communication

Communication is defined as the process by which information is exchanged between individuals verbally, nonverbally, and/or in writing or through information technology.

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DIF: Cognitive Level: Knowledge  
KEY: Nursing Process Step: N/A

OBJ: 2  
MSC: NCLEX: N/A

TOP: Communication

2. \_\_\_\_\_ is the collection and processing of relevant data for the purpose of appraising the client's health status.

ANS:  
Assessment

Assessment is the collection and processing of relevant data for the purpose of appraising the client's health status.

DIF: Cognitive Level: Knowledge  
KEY: Nursing Process Step: N/A

OBJ: 1  
MSC: NCLEX: N/A

TOP: Assessment

3. \_\_\_\_\_ is concerned with the ethical questions that arise in the context of health care.

ANS:  
Bioethics

Bioethics is concerned with the ethical questions that arise in the context of health care.

DIF: Cognitive Level: Knowledge  
KEY: Nursing Process Step: N/A

OBJ: 3  
MSC: NCLEX: N/A

TOP: Bioethics

## Chapter 02: Medical-Surgical Practice Settings

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#### MULTIPLE CHOICE

1. While a home health nurse is making the entry to a service assessment on a homebound patient, the spouse of the patient asks whether Medicare will cover the patient's ventilator therapy and insulin injections. Which response by the nurse is the best response?
  - a. "Yes, Medicare will cover both the ventilator therapy and the insulin injections."
  - b. "No, Medicare will not cover either of these ongoing therapies."
  - c. "Medicare will cover the ventilator therapy, but it does not cover the insulin injections."
  - d. "Medicare will cover the ongoing insulin therapy, but it does not cover a highly technical skill such as ventilator therapy."

ANS: C

Medicare will cover skilled nursing tasks such as ventilator therapy, but common tasks that can be taught to the family or the patient are not covered.

DIF: Cognitive Level: Application      OBJ: 3  
TOP: Medicare Coverage for Home Health  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

2. The wife of a patient asks the nurse whether her husband would be considered for placement in a skilled nursing care facility when he is discharged from the general hospital. The patient is incontinent, has mild dementia but is able to ambulate with a walker, and must have help to eat and dress himself. Which is the most appropriate response?
  - a. "Yes, your husband would qualify for a skilled care facility because of his inability to feed and dress himself."
  - b. "No, your husband's disabilities would not qualify him for a skilled facility."
  - c. "Yes, your husband qualifies for placement in a skilled care facility because of his dementia."
  - d. "Yes, anyone who is willing to pay can be placed in a skilled nursing facility."

ANS: B

Placement in a skilled nursing facility must be authorized by a physician. A clear need for rehabilitation must be evident, or severe deficits in self-care that have a potential for improvement and require the services of a registered nurse, a physical therapist, or a speech therapist must exist.

DIF: Cognitive Level: Analysis      OBJ: 9  
TOP: Placement Qualifications for Skilled Nursing Facility  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment

3. A nurse has noted that a newly admitted resident to an extended care facility stays in her room, does not take active part in activities, and leaves the meal table after having eaten very little. Which type of relocation response is the resident exhibiting?
  - a. regression.

- b. social withdrawal.
- c. depersonalization.
- d. passive aggressive.

ANS: B

Social withdrawal is a frequent response to relocation.

DIF: Cognitive Level: Comprehension OBJ: 10 TOP: Relocation Response

KEY: Nursing Process Step: Assessment

MSC: NCLEX: Psychosocial Integrity: Coping and Adaptation

4. A nurse clarifies to a new patient in a rehabilitation center what rehabilitation means. Which statement made by the patient indicates a correct understanding?
- a. "I will return to my previous level of functioning."
  - b. "I will be counseled into a new career."
  - c. "I will develop better coping skills to accept his disability."
  - d. "I will attain the greatest degree of independence possible."

ANS: D

The rehabilitation process works to promote independence at whatever level the patient is capable of achieving.

DIF: Cognitive Level: Comprehension OBJ: 7 TOP: Rehabilitation Goals

KEY: Nursing Process Step: Implementation

MSC: NCLEX: Health Promotion and Maintenance: Coordinated Care

5. A nurse assesses a patient who needs to be reminded to take premeasured oral medications, wash, go to meals, and undress, and come to bed at night, but coming and going as he pleases is considered safe for him. Which type of facility placement would be most appropriate for this patient?
- a. Skilled care
  - b. Intermediate care
  - c. Sheltered housing
  - d. Domiciliary care

ANS: D

Domiciliary care provides room, board, and supervision, and residents may come and go as they please. Sheltered housing does not provide 24-hour care.

DIF: Cognitive Level: Comprehension OBJ: 3

TOP: "Levels of Care, Criteria for Domiciliary Residence"

KEY: Nursing Process Step: Assessment

MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

6. A nurse is making a list of the members of the rehabilitation team, so the different types of services available to patients may be taught to a group of families. Which lists should be used?
- a. Physical therapist, nurse, family members, and personal physician
  - b. Occupational therapist, dietitian, nurse, and patient
  - c. Rehabilitation physician, laboratory technician, patient, and family
  - d. Vocational rehabilitation specialist, patient, and psychiatrist

ANS: A

The rehabilitation team usually consists of all of the choices except the laboratory technician, dietitian, and psychiatrist. (The mental health role is represented by the psychologist.)

DIF: Cognitive Level: Comprehension OBJ: 7

TOP: Rehabilitation Team Members KEY: Nursing Process Step: Planning

MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

7. A nurse explains the level of disability to a patient who was injured in a construction accident that resulted in the loss of both his right arm and right leg. This loss has affected his quality of life and ability to return to previous employment. Which level should the client be classified as being disabled?
- I
  - II
  - III
  - IV

ANS: B

The patient is limited in the use of his right arm for feeding himself, dressing himself, and driving his car, which are three main activities of daily living. Therefore Level II is appropriate. He may be able to work if workplace modifications are made.

DIF: Cognitive Level: Application OBJ: N/A TOP: Levels of Disability

KEY: Nursing Process Step: Implementation

MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

8. A nurse explains that in 1990, the Americans with Disabilities Act (ADA) was passed. Which extended services for the disabled persons did this act provide?
- Covering the costs for the rehabilitation of disabled World War I servicemen by providing job training
  - Extending protection to the disabled in the military sector, such as wheelchair ramps on military bases
  - Extending protection to the disabled in private areas, such as accessibility to public restaurant bathrooms and telephones
  - Affording disabled persons full access to all health care services

ANS: C

The ADA of 1990 extended the previous legislative Acts of 1920, 1935, and 1973. The ADA now covers private sector individuals and public businesses in particular.

DIF: Cognitive Level: Comprehension OBJ: 8

TOP: Americans with Disabilities Act (ADA) of 1990

KEY: Nursing Process Step: Assessment

MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

9. A frail patient in a long-term care facility asks the nurse if a bath is to be given this morning. Which reply is best to encourage independence and give the patient the most flexibility?
- “Based on your room number, you get bathed on Monday, Wednesday, and Friday. Today is Tuesday.”
  - “If you want to eat breakfast in the dining room with the others, you may sponge yourself off in your bathroom.”

- c. "When your daughter comes this evening, ask her if she can give you a bath."
- d. "I will bring a basin of water for a sponge off for right now. After breakfast, we will talk about a bath schedule."

ANS: D

The resident should be provided as much flexibility as possible and support for independence.

DIF: Cognitive Level: Application      OBJ: 11  
TOP: Maintenance of Autonomy in Extended Care Facility  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Physiological Integrity: Basic Care and Comfort

10. A computer programmer who lost both legs is being retained by his employer, who has made arrangements for a ramp and a special desk to accommodate the patient's wheelchair. Which disability level applies to this computer programmer?
- a. I
  - b. II
  - c. III
  - d. IV

ANS: B

Level II allows for workplace accommodation, which is the desk modification in this case.

DIF: Cognitive Level: Analysis      OBJ: N/A      TOP: Reasonable Accommodation  
KEY: Nursing Process Step: N/A      MSC: NCLEX: N/A

11. A partially paralyzed forklift operator is to be retrained by vocational rehabilitation services for less demanding office work. Which law provides for this rehabilitation?
- a. Vocational Rehabilitation Act of 1920
  - b. Social Security Act of 1935
  - c. Rehabilitation Act of 1973
  - d. Americans with Disabilities Act of 1990

ANS: C

The Rehabilitation Act of 1973 provided a comprehensive approach and expanded resources for public vocational training.

DIF: Cognitive Level: Knowledge      OBJ: 8      TOP: Rehabilitation Legislation  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

12. The home health care nurse performs all the following actions. Which action is the only action that is reimbursable under Medicare payment rules?
- a. Observing a spouse cleaning and changing a dressing
  - b. Taking a frail couple for a walk to provide exercise
  - c. Watching a patient measure out all medications
  - d. Teaching a patient to self-administer insulin

ANS: D

Medicare reimburses skilled techniques that are clearly spelled out; these include teaching but not return demonstration-type actions by patient or family.

DIF: Cognitive Level: Comprehension OBJ: 4  
TOP: Medicare Reimbursable Actions KEY: Nursing Process Step: Assessment  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

13. Which assessment is correct for a patient with multiple sclerosis who requires being fed, bathed, and dressed?
- Disabled
  - Disadvantaged
  - Handicapped
  - Impaired

ANS: D

Feeding oneself, dressing, and bathing are activities of daily living. The patient is impaired in this scenario.

DIF: Cognitive Level: Analysis OBJ: N/A  
TOP: Principles of Rehabilitation, Defining Levels of Loss of Functioning Independently  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Physiological Integrity

14. Which law initially provided for rehabilitation of disabled Americans?
- Vocational Rehabilitation Act of 1920
  - Social Security Act of 1935
  - Rehabilitation Act of 1973
  - Americans with Disabilities Act of 1990

ANS: A

The U.S. government has passed four pieces of legislation to identify and meet the needs of disabled individuals with each one being more inclusive. The first one was passed in 1920.

DIF: Cognitive Level: Knowledge OBJ: 8 TOP: Rehabilitation Legislation  
KEY: Nursing Process Step: N/A MSC: NCLEX: N/A

15. A client was admitted to a long-term residential care facility. Which information should the admitting nurse provide to the family to determine the basis for the concepts of long-term care?
- Amount of activities the resident can do for herself
  - Maintenance care with an emphasis on incontinence
  - Successful adaptation to the regulations of the home
  - Maintenance of as much function as possible

ANS: D

Maintenance of function and encouraging autonomy and independence are some of the basic concepts of long-term care.

DIF: Cognitive Level: Comprehension OBJ: 11  
TOP: Principles of Nursing Home Care KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

16. A 58-year-old patient with diabetes is recuperating from a broken hip and is concerned about how to pay for rehabilitation. Which resource would provide funds for rehabilitation for this patient?

- a. Vocational Rehabilitation Act of 1920
- b. Rehabilitation Act of 1973
- c. Disabled American Veterans Act of 1990
- d. Title V, Health of Crippled Americans 1935

ANS: B

The Rehabilitation Act of 1973 assists in paying for rehabilitation for those who are younger than 65 years of age and who will benefit from vocational rehabilitation through teaching.

DIF: Cognitive Level: Comprehension OBJ: 8  
TOP: Legislation for Funding Health Care  
KEY: Nursing Process Step: Planning  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

17. Which example describes community health nursing?
- a. Visiting patients in their homes after hospital discharge to assess their personal health status
  - b. Asking a nursing assistant (NA) to identify the health services most needed in the patient's personal life
  - c. Meeting with residents of low-income housing to identify their health care needs
  - d. Developing a hospital-based home health care service

ANS: C

Whereas community-based nursing looks at identified community needs and provides care at all levels of wellness and illness, community health nursing seeks to provide services to groups to modify or create systems of care.

DIF: Cognitive Level: Comprehension OBJ: 2  
TOP: Defining Community-Based Nursing versus Community Health Nursing  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Health Promotion and Maintenance: Coordinated Care

18. Which statement best describes the home health nurse's activities?
- a. Conducting health education classes in a senior citizens' common residence building
  - b. Conducting blood pressure screening on a regular basis at a local mall
  - c. Visiting and assessing the home care and further teaching needs of a patient who has been recently discharged from the hospital
  - d. Acting as a nurse consultant to a chronic psychiatric section in a state institution

ANS: C

The home health nurse works with individuals in the home; the other descriptors are community nurse activities.

DIF: Cognitive Level: Comprehension OBJ: 1  
TOP: Activities of the Home Health Nurse  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

19. Which question is an appropriate choice for the director of nurses to ask a nurse with an artificial leg who is applying for a staff position in an extended care facility?
- a. "How long have you had your prosthesis?"

- b. "How many flights of stairs are you able to climb without assistance?"
- c. "Are you able to lift a load of 45 lb?"
- d. "Has your disability caused you to miss work?"

ANS: C

Queries to disabled job applicants can be made relative to specific job functions, but they cannot be asked relative to the severity of the disability or the degree of disability in general.

DIF: Cognitive Level: Comprehension    OBJ: 8    TOP: ADA  
KEY: Nursing Process Step: N/A    MSC: NCLEX: N/A

20. A good friend of a licensed practical/vocational nurse (LPN/LVN) confides that she is in a serious romantic relationship with a man the LPN/LVN had as a patient when he was diagnosed with the human immunodeficiency virus (HIV). The policies of the Health Insurance Portability and Accountability Act (HIPAA) prevent the nurse from warning her friend. Which term describes this situation?
- a. Moral dilemma
  - b. Moral uncertainty
  - c. Moral distress
  - d. Moral outrage

ANS: C

Moral distress occurs when a nurse feels powerless because moral beliefs cannot be honored because of institutional or other barriers.

DIF: Cognitive Level: Comprehension    OBJ: 1    TOP: Moral Distress  
KEY: Nursing Process Step: N/A  
MSC: NCLEX: Safe, Effective Care Environment ;Coordinated Care

21. A nurse reminds a resident in a long-term care facility that he has autonomy in many aspects of his institutionalization. Which situation is an example of autonomy?
- a. Selection of medication times
  - b. Availability of his own small electrical appliances
  - c. Smoking in the privacy of his own room
  - d. Application of advance directives

ANS: D

The application of advance directives is an autonomous decision. Agency protocols relative to medication times, access to private electrical devices, and smoking are rarely waived; these policies are not in the control of the resident.

DIF: Cognitive Level: Comprehension    OBJ: 2    TOP: Autonomy  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Psychosocial Integrity: Coping and Adaptation

22. Which action is an example of an LPN/LVN exhibiting beneficence?
- a. Removes defective equipment from the patient's room.
  - b. Willingly works extra shifts during a staff shortage.
  - c. Adheres to agency policy.
  - d. Joins the National Association for Practical Nurse Education and Service (NAPNES) and attend educational seminars.