

MULTIPLE CHOICE

1. What provides direction for individualized care and assures the delivery of accurate, safe care through a definitive pathway that promotes the client's and the support persons' progress toward positive outcomes?
  - a. Physician's orders
  - b. Progress notes
  - c. **Nursing care plan**
  - d. Client health history

ANS: **C**

The nursing care plan provides direction for individualized care and assures the delivery of accurate, safe care through a definitive pathway that promotes the client's and the support persons' progress toward positive outcomes.

DIF: Cognitive Level: Comprehension    REF: p. 2    OBJ: 1  
TOP: Nursing Care Plan    KEY: Nursing Process Step: Planning  
MSC: NCLEX: Physiological Integrity: Reduction of Risk

2. The nurse is performing behaviors and actions that assist clients and significant others in meeting their needs and the identified outcomes of the plan of care. What is the correct term for these nursing behaviors?
  - a. Assessments
  - b. **Interventions**
  - c. Planning
  - d. Evaluation

ANS: **B**

Caring interventions are those nursing behaviors and actions that assist clients and significant others in meeting their needs and the identified outcomes of the plan of care.

DIF: Cognitive Level: Comprehension    REF: p. 3    OBJ: 1  
TOP: Interventions    KEY: Nursing Process Step: Planning  
MSC: NCLEX: Physiological Integrity: Reduction of Risk

3. The nurse understands the importance of being answerable for all actions and the possibility of being called on to explain or justify them. What term best describes this concept?
  - a. Reliability
  - b. Maturity
  - c. **Accountability**
  - d. Liability

ANS: **C**

Accountability means that a person is answerable for his or her actions and may be called on to explain or justify them.

DIF: Cognitive Level: Comprehension    REF: pp. 6-7    OBJ: 3 | 5 | 7

TOP: Accountability

KEY: Nursing Process Step: N/A

MSC: NCLEX: Physiological Integrity: Reduction of Risk

## MULTIPLE RESPONSE

1. The nurse manager is providing an inservice about conflict resolution. What modes of conflict resolution should be addressed? (Select all that apply.)
  - a. Suppression
  - b. Accommodation
  - c. Compromise
  - d. Avoidance
  - e. Collaboration
  - f. Competition

ANS: B, C, D, E, F

The modes of conflict resolution include accommodation, collaboration, compromise, avoidance, and competition.

DIF: Cognitive Level: Knowledge

REF: p. 7|p. 8|Table 1.1

OBJ: 7

TOP: Conflict Resolution

KEY: Nursing Process Step:

N/A

MSC: NCLEX: N/A

2. What are the characteristics of an effective leader? (Select all that apply.)
  - a. Effective communication
  - b. Rigid rules and regulations
  - c. Delegates appropriately
  - d. Acts as a role model
  - e. Consistently handles conflict
  - f. Focuses on individual development

ANS: A, C, D, E

Characteristics of an effective leader include effective communication, consistency in managing conflict, knowledge and competency in all aspects of delivery of care, effective role model for staff, uses participatory approach in decision making, shows appreciation for a job well done, delegates work appropriately, sets objectives and guides staff, displays caring, understanding, and empathy for others, motivates and empowers others, is proactive and flexible, and focuses on team development.

DIF: Cognitive Level: Comprehension

REF: p. 6

OBJ: 5

TOP: Leadership

KEY: Nursing Process Step: N/A

MSC: NCLEX: N/A

## COMPLETION

1. \_\_\_\_\_ is defined as the process by which information is exchanged between individuals verbally, nonverbally, and/or in writing or through information technology.

ANS:

Communication

Communication is defined as the process by which information is exchanged between individuals verbally, nonverbally, and/or in writing or through information technology.

DIF: Cognitive Level: Knowledge  
TOP: Communication  
MSC: NCLEX: N/A

REF: p. 2  
KEY: Nursing Process Step: N/A  
OBJ: 2

2. \_\_\_\_\_ is the collection and processing of relevant data for the purpose of appraising the client's health status.

ANS:

Assessment

Assessment is the collection and processing of relevant data for the purpose of appraising the client's health status.

DIF: Cognitive Level: Knowledge  
TOP: Assessment  
KEY: Nursing Process Step: N/A

REF: p. 2  
OBJ: 1 | 2  
MSC: NCLEX: N/A

3. \_\_\_\_\_ is concerned with the ethical questions that arise in the context of health care.

ANS:

Bioethics

Bioethics is concerned with the ethical questions that arise in the context of health care.

DIF: Cognitive Level: Knowledge  
TOP: Bioethics  
KEY: Nursing Process Step: N/A

REF: p. 4  
OBJ: 3  
MSC: NCLEX: N/A

4. Place the corresponding letter to each stage of conflict in the correct order. \_\_\_\_\_  
(Place the events in the appropriate sequence with capital letters. Do not separate answers with a space or punctuation. Example: ABCD.)
- Outcomes
  - Conceptualization
  - Frustration
  - Action

ANS:

CBDA

The stages of conflict in order are frustration, conceptualization, action, and outcomes.

DIF: Cognitive Level: Comprehension  
TOP: Conflict  
KEY: Nursing Process Step: N/A

REF: p. 7  
OBJ: 7  
MSC: NCLEX: N/A

5. Place the corresponding letter to each key step in solving an ethical dilemma in the correct order. \_\_\_\_\_ (Place the events in the appropriate sequence. Do not separate answers with a space or punctuation. Example: ABCD.)
- Negotiate a plan.
  - Clarify values.
  - Ask if it is an ethical dilemma.

- d. Verbalize the problem.
- e. Gather information.
- f. Identify possible courses of action.
- g. Evaluate the plan over time.

ANS:

**CEBDFAG**

The key step of solving an ethical dilemma in order are ask the question, is it an ethical dilemma, gather information, clarify values, verbalize the problem, identify possible course of action, negotiate a plan, and evaluate the plan over time.

DIF: Cognitive Level: Analysis

REF: p. 4

OBJ: 3

TOP: Ethical Dilemma

KEY: Nursing Process Step: N/A

MSC: NCLEX: N/A

MULTIPLE CHOICE

1. While a home health nurse is making the entry to a service assessment on a homebound patient, the spouse of the patient asks whether Medicare will cover the patient's ventilator therapy and insulin injections. What is the best response by the nurse?
  - a. "Yes, Medicare will cover both the ventilator therapy and the insulin injections."
  - b. "No, Medicare will not cover either of these ongoing therapies."
  - c. "Medicare will cover the ventilator therapy, but it does not cover the insulin injections."
  - d. "Medicare will cover the ongoing insulin therapy, but it does not cover a highly technical skill such as ventilator therapy."

ANS: C

Medicare will cover skilled nursing tasks such as ventilator therapy, but common tasks that can be taught to the family or the patient are not covered.

DIF: Cognitive Level: Application REF: pp. 12-13 OBJ: 3 | 4  
TOP: Medicare Coverage for Home Health  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

2. The wife of a patient asks the nurse whether her husband would be considered for placement in a skilled nursing care facility when he is discharged from the general hospital. The patient is incontinent, has mild dementia but is able to ambulate with a walker, and must have help to eat and dress himself. What is the nurse's most appropriate response?
  - a. "Yes, your husband would qualify for a skilled care facility because of his inability to feed and dress himself."
  - b. "No, your husband's disabilities would not qualify him for a skilled facility."
  - c. "Yes, your husband qualifies for placement in a skilled care facility because of his dementia."
  - d. "Yes, anyone who is willing to pay can be placed in a skilled nursing facility."

ANS: B

Placement in a skilled nursing facility must be authorized by a physician. A clear need for rehabilitation must be evident, or severe deficits in self-care that have a potential for improvement and require the services of a registered nurse, a physical therapist, or a speech therapist must exist.

DIF: Cognitive Level: Analysis REF: p. 13 OBJ: 6  
TOP: Placement Qualifications for Skilled Nursing Facility  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment

3. A nurse has noted that a newly admitted resident to an extended care facility stays in her room, does not take active part in activities, and leaves the meal table after having eaten very little. The nurse should analyze this relocation response as

- a. regression.
- b. social withdrawal.
- c. depersonalization.
- d. passive aggressive.

ANS: B

Social withdrawal is a frequent response to relocation.

DIF: Cognitive Level: Application REF: p. 21 OBJ: 10  
TOP: Relocation Response KEY: Nursing Process Step: Assessment  
MSC: NCLEX: Psychosocial Integrity: Coping and Adaptation

4. A nurse clarifies to a new patient in a rehabilitation center what rehabilitation means. What statement made by the patient indicates a correct understanding?
- a. "I will return to my previous level of functioning."
  - b. "I will be counseled into a new career."
  - c. "I will develop better coping skills to accept his disability."
  - d. "I will attain the greatest degree of independence possible."

ANS: D

The rehabilitation process works to promote independence at whatever level the patient is capable of achieving.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: 7  
TOP: Rehabilitation Goals KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Health Promotion and Maintenance: Coordinated Care

5. A nurse assesses a patient who needs to be reminded to take premeasured oral medications, wash, go to meals, and undress and come to bed at night, but coming and going as he pleases is considered safe for him. What facility placement would be most appropriate for this patient?
- a. Skilled care
  - b. Intermediate care
  - c. Sheltered housing
  - d. Domiciliary care

ANS: D

Domiciliary care provides room, board, and supervision, and residents may come and go as they please. Sheltered housing does not provide 24-hour care.

DIF: Cognitive Level: Comprehension REF: p. 19 OBJ: 3 | 9  
TOP: "Levels of Care, Criteria for Domiciliary Residence"  
KEY: Nursing Process Step: Assessment  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

6. A nurse is making a list of the members of the rehabilitation team, so the different types of services available to patients may be taught to a group of families. Which lists should be used?
- a. Physical therapist, nurse, family members, and personal physician
  - b. Occupational therapist, dietitian, nurse, and patient
  - c. Rehabilitation physician, laboratory technician, patient, and family
  - d. Vocational rehabilitation specialist, patient, and psychiatrist

ANS: A

The rehabilitation team usually consists of all of the choices except the laboratory technician, dietitian, and psychiatrist. (The mental health role is represented by the psychologist.)

DIF: Cognitive Level: Comprehension REF: p. 17 OBJ: 7  
TOP: Rehabilitation Team Members KEY: Nursing Process Step: Planning  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

7. A nurse explains the level of disability to a patient who was injured in a construction accident that resulted in the loss of both his right arm and right leg. This loss has affected his quality of life and ability to return to previous employment. At what level should the client be classified as being disabled?
- I
  - II
  - III
  - IV

ANS: B

The patient is limited in the use of his right arm for feeding himself, dressing himself, and driving his car, which are three main activities of daily living. He may be able to work if workplace modifications are made.

DIF: Cognitive Level: Application REF: p. 15 OBJ: 8  
TOP: Levels of Disability KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

8. A nurse explains that in 1990, the Americans with Disabilities Act (ADA) was passed. For which extended services for the disabled persons did this act provide?
- Covering the costs for the rehabilitation of disabled World War I servicemen by providing job training
  - Extending protection to the disabled in the military sector, such as wheelchair ramps on military bases
  - Extending protection to the disabled in private areas, such as accessibility to public restaurant bathrooms and telephones
  - Affording disabled persons full access to all health care services

ANS: C

The ADA of 1990 extended the previous legislative Acts of 1920, 1935, and 1973. The ADA now covers private sector individuals and public businesses in particular.

DIF: Cognitive Level: Comprehension REF: p. 16 OBJ: 8  
TOP: Americans with Disabilities Act (ADA) of 1990  
KEY: Nursing Process Step: Assessment  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

9. A frail patient in a long-term care facility asks the nurse if a bath is to be given this morning. What is the best reply by the nurse to encourage independence and give the patient the most flexibility?
- “Based on your room number, you get bathed on Monday, Wednesday, and Friday. Today is Tuesday.”

- b. "If you want to eat breakfast in the dining room with the others, you may sponge yourself off in your bathroom."
- c. "When your daughter comes this evening, ask her if she can give you a bath."
- d. "I will bring a basin of water for a sponge off for right now. After breakfast, we will talk about a bath schedule."

ANS: D

The resident should be provided as much flexibility as possible and support for independence.

DIF: Cognitive Level: Application      REF: p. 22      OBJ: 11  
TOP: Maintenance of Autonomy in Extended Care Facility  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX Physiological Integrity: Basic Care and Comfort

10. A computer programmer who lost both legs is being retained by his employer, who has made arrangements for a ramp and a special desk to accommodate the patient's wheelchair. What is the disability level of the computer programmer?
- a. I
  - b. II
  - c. III
  - d. IV

ANS: B

Level II allows for workplace accommodation, which is the desk modification in this case.

DIF: Cognitive Level: Analysis      REF: p. 15      OBJ: N/A  
TOP: Reasonable Accommodation      KEY: Nursing Process Step: N/A  
MSC: NCLEX: N/A

11. A partially paralyzed forklift operator is to be retrained by vocational rehabilitation services for less demanding office work. What law provides for this rehabilitation?
- a. Vocational Rehabilitation Act of 1920
  - b. Social Security Act of 1935
  - c. Rehabilitation Act of 1973
  - d. Americans with Disabilities Act of 1990

ANS: C

The Rehabilitation Act of 1973 provided a comprehensive approach and expanded resources for public vocational training.

DIF: Cognitive Level: Comprehension      REF: p. 16      OBJ: 7  
TOP: Rehabilitation Legislation      KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

12. The home health care nurse performs all the following actions. Which is the only action that is reimbursable under Medicare payment rules?
- a. Observing a spouse cleaning and changing a dressing
  - b. Taking a frail couple for a walk to provide exercise
  - c. Watching a patient measure out all medications
  - d. Teaching a patient to self-administer insulin

ANS: D

Medicare reimburses skilled techniques that are clearly spelled out; these include teaching but not return demonstration–type actions by patient or family.

DIF: Cognitive Level: Comprehension REF: pp. 12-13 OBJ: 4  
TOP: Medicare Reimbursable Actions KEY: Nursing Process Step: Assessment  
MSC: NCLEX: Safe, Effective Care Environment: Coordinated Care

13. A patient with multiple sclerosis must be fed, bathed, and dressed. How should the nurse assess this patient?
- Disabled
  - Disadvantaged
  - Handicapped
  - Impaired

ANS: D

Feeding oneself, dressing, and bathing are activities of daily living. The patient is impaired in this scenario.

DIF: Cognitive Level: Analysis REF: p. 15 OBJ: 7  
TOP: Principles of Rehabilitation | Defining Levels of Loss of Functioning Independently  
KEY: Nursing Process Step: Implementation  
MSC: NCLEX: Physiological Integrity

14. Which law initially provided for rehabilitation of disabled Americans?
- Vocational Rehabilitation Act of 1920
  - Social Security Act of 1935
  - Rehabilitation Act of 1973
  - Americans with Disabilities Act of 1990

ANS: A

The U.S. government has passed four pieces of legislation to identify and meet the needs of disabled individuals with each one being more inclusive. The first one was passed in 1920.

DIF: Cognitive Level: Knowledge REF: p. 16 OBJ: 8  
TOP: Rehabilitation Legislation KEY: Nursing Process Step: N/A  
MSC: NCLEX: N/A

15. A client was admitted to a long-term residential care facility. On what should the admitting nurse tell the family the concepts of long-term care are based?
- Amount of activities the resident can do for herself
  - Maintenance care with an emphasis on incontinence
  - Successful adaptation to the regulations of the home
  - Maintenance of as much function as possible

ANS: D

Maintenance of function and encouraging autonomy and independence are some of the basic concepts of long-term care.

DIF: Cognitive Level: Comprehension REF: p. 18 OBJ: 11  
TOP: Principles of Nursing Home Care KEY: Nursing Process Step: Implementation